

Earth Hour

The Activity:

Simple activities to participate in Earth Hour

Activity Type:

Patrol Activity
Troop Activity

Roles:

Activity Leaders

The Crean Award:

Discovery:

Patrol Activity
Skills

Terra Nova:

Task/Role in Patrol
Patrol Activity
Environment

Endurance:

Planning
Develop Teamwork
Environment

Polar:

Patrol Activity
Environment

SPICES

Intellectual
Emotional
Spiritual



Plan

Earth Hour is a global movement, which brings millions together across the world to call for greater action on climate change. All it involves is switching off lights for one hour and organise events to show we care about the future of our planet. Earth hour is at 8.30pm on the last Saturday in March. Our planet is under threat from climate change and a staggering loss in biodiversity. Earth Hour is our chance to talk about what this means, and take action. Here are some simple actions suggested by World Scouting that you can take to participate in Earth Hour.

Do

Earth Hour activity:

Have an activity on the evening of Earth Hour, if you are indoors turn off all lights and electrical devices and run games using alternative forms of lighting. Better still go camping or bivvying and avoid the use of electricity altogether.

Say no to plastic:

The world throws away about 78 million tons of plastic every year, and a third ends up in the sea. By 2050 there could be more plastic in the ocean than fish. Get your Scout group together and commit to reducing your use of plastic. Carry your own water bottle, use a bamboo straw, and bring your own shopping bags. It's vital we all commit to stop using single-use plastic, such as straws, plastic cups, and clingfilm. Local solutions really can change the world.



The form is titled "Plastic-free promise" and features a "no plastic" symbol (a red circle with a diagonal line over a plastic bottle icon) and the Scouting Ireland logo. It includes fields for "We the _____ Scout group, from _____" and "Meeting on / 2018". Below this is a paragraph explaining the importance of reducing plastic use, followed by a large empty box for "Therefore, We promise to:". At the bottom, there is a "Signed by:" field with another empty box for a signature.

My Carbon Footprint: You've turned your lights off, so what else can you do to reduce your impact on the environment. How do you get to school or work? How often do you buy new things? Have you ever planted a tree? Work out the size of each of your group's carbon footprint and make a commitment to reduce it.

Go plogging: Get your Scout troop together, give everyone a big bin bag and go for a plog! Plogging is a combination of jogging and collecting litter. It's your chance to get fit and clean up your environment at the same time.



Dealing with disaster: The changing climate has brought more natural disasters - from extremes of heat and cold to bush fires, torrential rain and flooding - devastating communities and the environment. What are the risks of natural disaster and what do you need to do to be prepared when disaster strikes? Why not arrange a visit to your local emergency services station to find out how they deal with disaster, and how you might be able to help.

Get back to nature: Get your group together and go on an expedition to find out more about the plants and animals in your local area. Think about how your senses help you create a picture of the world around you. Maybe you can take a barefoot walk, or put on a blindfold to examine a tree. Think about what you're experiencing and what nature is telling you.

Check out these sites for more suggestions:

scout.org/10-actions-Earth-Hour-2018

wwf.org.uk/earthhour

earthhour.org/earth-hour-2018-toolkit

Patrol Review

What did your patrol do to participate in Earth Hour?

How did you help the natural environment?

What commitment did you make to help fight climate change?

What SPICES are relevant?
Check them off on the next page

Review SPICES

Social

- Relationships
- Communication Skills
- Other Cultures
- Community Involvement
- Promise and Law

Physical

- Eat Well
- Personal Hygiene
- Balanced Lifestyle
- How the Body Works
- Physical Limitations
- Health Choices
- Access Help

Intellectual

- Achieving Goals
- New Ideas
- Develop Creativity
- Learn from Discussions
- Team Member

Character

- Promise and Law
- Friends and Friendships
- Plan before do
- Ensuring Fairness
- Respect
- Differences and Views
- Following Dreams
- Live the Scouting Spirit

Emotional

- Aware of Feelings
- Asking/Giving Help
- Responsibility for Emotions
- Controlling Emotions
- Going Further
- Beliefs and Values
- Developing Talents

Spiritual

- Promise and Law
- Impact on the Environment
- Reflection
- Changing Beliefs