Start your emergencies badge.
These are the things that you need to know or do to get the stage 1 emergencies badge:

* I know what should be in my personal first aid kit.
* I know the basic rules of first aid.
* I know the different emergency services that are available and how and when to call them.
* I know about the buddy system.
* I know how to treat minor cuts.
* I can get help and make a report properly if someone is hurt.
* I can be responsible for my own health and safely.

Your SCOUTERS and beaver scout friends will help you to learn new skills together.

The best way is to practise. You can also get help from cub scouts, scouts, venture scouts and rover scouts...

emergencies adventure skill
when you work on the emergencies badge you will be learning what to do in an emergency, to help keep you and your colony safe on your adventures.